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# Characterization of Post-traumatic Stress Disorder Using Resting-State fMRI with a Multi-level Parametric Classification Approach

Feng Liu · Bing Xie · Yifeng Wang · Wenbin Guo · Jean-Paul Fouche · Zhiliang Long · Wenqin Wang · Heng Chen · Meiling Li · Xujun Duan · Jiang Zhang · Mingguo Qiu · Huafu Chen

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**Abstract** Functional neuroimaging studies have found intra-regional activity and inter-regional connectivity alterations in patients with post-traumatic stress disorder (PTSD). However, the results of these studies are based on group-level statistics and therefore it is unclear whether PTSD can be discriminated at single-subject level, for instance using the machine learning approach. Here, we proposed a novel framework to identify PTSD using multi-level measures derived from resting-state functional MRI (fMRI). Specifically, three levels of measures were extracted as classification features: (1) regional amplitude

Feng Liu and Bing Xie contributed equally to this work.

F. Liu · Y. Wang · Z. Long · H. Chen · M. Li · X. Duan · H. Chen  $(\boxtimes)$ 

Key Laboratory for NeuroInformation of Ministry of Education, School of Life Science and Technology, University of Electronic Science and Technology of China, Chengdu 611054, Sichuan, People's Republic of China e-mail: chenhf@uestc.edu.cn

#### F. Liu

Department of Radiology and Tianjin Key Laboratory of Functional Imaging, Tianjin Medical University General Hospital, Tianjin 300052, People's Republic of China

#### B. Xie

Department of Radiology, Southwest Hospital, Third Military Medical University, Chongqing 400038, People's Republic of China

#### B. Xie

Department of Anatomy, Third Military Medical University, Chongqing 400038, People's Republic of China

#### W. Guo

Mental Health Center, The First Affiliated Hospital, Guangxi Medical University, Nanning 410011, Guangxi, People's Republic of China of low-frequency fluctuations (univariate feature), which represents local spontaneous synchronous neural activity; (2) temporal functional connectivity (bivariate feature), which represents the extent of similarity of local activity between two regions, and (3) spatial functional connectivity (multivariate feature), which represents the extent of similarity of temporal correlation maps between two regions. Our method was evaluated on 20 PTSD patients and 20 demographically matched healthy controls. The experimental results showed that the features of each level could successfully discriminate PTSD patients from healthy controls. Furthermore, the combination of multi-level features using multi-kernel learning can further improve

#### J.-P. Fouche

Department of Psychiatry, University of Cape Town, Cape Town 7925, South Africa

J.-P. Fouche

Department of Human Biology, University of Cape Town, Cape Town 7925, South Africa

J.-P. Fouche Department of Psychiatry, University of Stellenbosch, Cape Town 7925, South Africa

#### W. Wang

School of Sciences, Tianjin Polytechnic University, Tianjin 300130, People's Republic of China

#### J. Zhang

School of Electrical Engineering and Information, Sichuan University, Chengdu 610065, People's Republic of China

#### M. Qiu

Department of Medical Image, College of Biomedical Engineering, Third Military Medical University, Chongqing 400038, People's Republic of China the classification performance. Specifically, the classification accuracy obtained by the proposed framework was 92.5 %, which was an increase of at least 5 and 17.5 % from the two-level and single-level feature based methods, respectively. Particularly, the limbic structure and prefrontal cortex provided the most discriminant features for classification, consistent with results reported in previous studies. Together, this study demonstrated for the first time that patients with PTSD can be identified at the individual level using resting-state fMRI data. The promising classification results indicated that this method may provide a complementary approach for improving the clinical diagnosis of PTSD.

**Keywords** Temporal functional connectivity · Spatial functional connectivity · Multi-level feature · Multi-kernel learning · Limbic system · Prefrontal cortex

# Introduction

Post-traumatic stress disorder (PTSD) is a highly disabling condition observed in individuals exposed to a traumatic event, such as war, violent crime and motor vehicle accidents. Among these traumas, motor vehicle accidents are the leading causes of PTSD (Chossegros et al. 2011). It has been found that individuals who were in an accident where medical attention was needed, an estimated 50 % of those developed PTSD (Blanchard and Hickling 2004). PTSD is characterized by persistent recall of the traumatic event, avoidance of any reminders of this trauma and hyperarousal (Yehuda and Flory 2007). Patients with PTSD suffer from enduring vigilance and sensitivity to environmental threat (van der Kolk 1989), and 19 % of patients will attempt suicide (Kessler 2000; Kessler et al. 1999). However, the diagnosis of PTSD to date is mainly based on assessment of signs and symptoms and a thorough psychological evaluation. Therefore, there has been substantial interest in assisting diagnosis of PTSD, by utilizing automated, unbiased methods.

Functional neuroimaging studies have demonstrated that PTSD is linked with local abnormalities in many brain regions, such as hippocampus (Astur et al. 2006), amygdala (Bryant et al. 2008), insula (Chen et al. 2009), superior frontal gyrus and middle temporal gyrus (Yin et al. 2012). Moreover, changes in functional connectivity have been found between specific region pairs in PTSD, such as decreased lingual-middle temporal gyrus connectivity (Qin et al. 2012), decreased amygdala-putamen connectivity (Linnman et al. 2011), increased amygdala-insula connectivity (Rabinak et al. 2011) and stronger basolateral amygdala-pregenual anterior cingulate cortex connectivity (Brown et al. 2014). These widespread differences indicate that abnormalities of brain function in PTSD not only relate to a single region but also to functional connectivity.

Although the aforementioned findings suggest brain functional changes in PTSD patients, there is limited application of these findings for clinical diagnosis. This is because all of these studies have used mass-univariate analytical methods that allow inference at the group level only. For neuroimaging to be useful in a clinical setting, one must be able to provide predictions at the individual level. In the past few years, the application of machine learning techniques to neuroimaging has made promising improvements in brain disease classification (Haller et al. 2014). Relative to traditional analyses based on group comparison, machine learning methods allow inference at the single-subject level rather than group level. Furthermore, machine learning approaches are sensitive to subtle and spatially distributed differences in the brain that might be undetectable using group comparison methods. Recently, a growing number of studies have applied machine learning methods on neuroimaging data to identify psychiatric disease (Liu et al. 2012a; Mourao-Miranda et al. 2012; Zeng et al. 2012). However, few studies have been conducted in PTSD.

There is ample evidence from previous functional neuroimaging studies that the spontaneous low frequency oscillations of the human brain measured with resting-state functional MRI (fMRI) are physiologically meaningful and relate to neural spontaneous activity (Biswal et al. 1995). Resting-state fMRI can provide two distinct types of information about brain function: segregation and integration. The regional amplitude of low-frequency fluctuations (ALFF), reflecting spontaneous neural activity during resting-state, can be used to explore regional neural function (Guo et al. 2012; Zang et al. 2007). Measures of functional connectivity at the temporal scale, reflecting the level of integration of that local activity across brain regions, can be utilized to improve the knowledge of brain networks (Greicius 2008). Therefore, investigation of the ALFF may advance our understanding of the functional segregation of the brain, while investigation on temporal connectivity patterns may increase our understanding of the functional integration within the brain (Sporns 2011). Additionally, functional connectivity at the spatial scale has been used to characterize the functional architecture of the human and monkey brain (Fox et al. 2006; Vincent et al. 2007). In contrast to the temporal correlation patterns obtained by measuring the extent of similarity of BOLD time series between two regions, spatial correlation patterns are obtained by measuring the extent of similarity of temporal correlation maps of the regions (He et al. 2009).

From the viewpoint above, ALFF, temporal connectivity and spatial connectivity can be considered as the different levels of the functional hierarchy. Recent studies have demonstrated that integrating different levels of features can successfully classify brain disease (Dai et al. 2012; Sato et al. 2012) and combination of multi-level features can give better classification performance than single-level features. Traditionally, we can combine different levels of features by concatenating them into a long feature vector and then train a single classifier. However, the disadvantages of such concatenation are twofold. First, the concatenation method equally treats each level of features, without effectively exploring the complementary (different but useful) information carried by different feature levels. Second, the appropriate normalization (e.g., z-score standardization or scaled to range [-1, +1]) is needed for concatenating features extracted from different sources and, if not, the prediction might be easily dominated by a single feature type.

Motivated by issue above, a novel framework was proposed to differentiate PTSD patients from healthy controls. Specifically, ALFF, temporal connectivity patterns and spatial connectivity patterns were extracted from resting-state fMRI data and used as classification features. A hybrid feature selection method was then utilized at each feature level separately to select the optimal features for classification. Finally, a multi-kernel support vector machine (SVM) algorithm was employed to combine the selected features of each level for PTSD diagnosis. In the present study, our aims were firstly to examine whether ALFF, temporal connectivity patterns and spatial connectivity patterns would allow accurate discrimination between PTSD patients and healthy controls, and secondly, to investigate whether the complementary information conveyed among different feature levels can be integrated to improve classification performance.

## **Materials and Methods**

## Subjects

Twenty right-handed patients with PTSD who had been involved in a motor vehicle accident were recruited from the Southwest Hospital, Third Military Medical University, China. Six months following each participant's motor accident, the diagnosis of PTSD was made with the Clinician-Administered PTSD Scale for DSM-IV (CAPS-DX) (Blake et al. 1995). These subjects participated in this study within 1 month after diagnosis. Three main kinds of symptoms were assessed for both intensity and frequency, including the symptoms of re-experiencing, avoidant and increased arousal. A severity score for each symptom was computed by summing up the intensity and frequency scores, which were summed up for all 17 symptom questions and/or for the three symptoms. Exclusion criteria included suffering any brain injury in the motor vehicle accident, psychiatric co-morbidity (such as major depressive disorder and other anxiety disorders) which was assessed using the Structured Clinical Interview for DSM-IV (First et al. 1995), a history of neuropsychiatric disorders, a history of loss consciousness and alcohol or drug abuse. All patients had not taken psychotropic medication in the past 2 months. In addition, twenty righthanded healthy controls matched for age, gender and years of education were recruited from the community by advertisement. None of them had a history of psychiatric or neurological disorders, recent medication that might affect brain function and alcohol or drug abuse. This study was approved by the local ethical committee, and written informed consent was obtained from each subject.

## Overview of Methodology

The proposed PTSD classification framework is shown in Fig. 1, which is summarized as follows:

- 1. After fMRI data preprocessing, ALFF map, temporal functional connectivity matrix and spatial functional connectivity matrix were calculated for each subject. Subsequently, these three levels of features were extracted from each subject.
- 2. For each feature level, we used a hybrid feature selection method which comprised t test and SVM-based feature selection to obtain the optimal subset of features.
- 3. Individual kernel matrices were computed from the selected features of each level and then combined to form a single mixed-kernel matrix.
- 4. The integrated mixed-kernel matrix was employed to train SVM classifiers and unbiased estimation of the classification performance was obtained via a nested cross-validation scheme.

#### MRI Data Acquisition

The fMRI images were acquired on a 3.0-T Siemens MRI scanner (Trio; Siemens Medical, Erlangen, Germany). During scanning, the subjects were instructed to keep their eyes closed, relax, and move as little as possible. Foam pads were used to minimize head movements and scanner noise. Functional sequences consisted of single-shot, echo-planar imaging (EPI) with repetition time (TR) = 2,000 ms, echo time (TE) = 30 ms, flip angle (FA) = 90°, matrix = 64 × 64, field of view (FOV) = 220 mm × 220 mm, slices = 36, slice thickness = 3 mm. For each participant, the fMRI scanning lasted for 6 min, and 180 volumes were obtained.

Fig. 1 Schematic diagram illustrating the proposed classification framework using multi-kernel SVM with multilevel features derived from resting-state functional MRI. *ALFF* amplitude of lowfrequency fluctuations, *AAL* automated anatomical labeling, *SVM-RFE* support vector machine-recursive feature elimination



# Data Preprocessing

Image preprocessing was performed with Data Processing Assistant for Resting-State fMRI (DPARSF) toolbox (Chao-Gan and Yu-Feng 2010). Briefly, the first 10 volumes of each subject were discarded to allow for magnetization equilibrium and the participants adapting to the scanning noise (Liu et al. 2013b). The remaining 170 volumes were corrected for the acquisition time delay between slices and then realigned to the first volume for the head motion correction. None of the participants was excluded according to the criterion of a displacement of more than 3 mm or an



Fig. 2 Distribution of ALFF maps within groups. Mean ALFF maps within the patient group (*left*) and control group (*right*). The *color bar* represents the strength of ALFF. *PTSD* post-traumatic stress disorder, *HC* healthy control, *L* left, *R* right (Color figure online)

angular rotation of greater than 3° in any direction, as suggested by Wang et al. (2013). Moreover, the head motion profiles were matched between the PTSD and HC groups (p > 0.135 in any direction). The realigned images were spatially normalized to the Montreal Neurological Institute EPI template in SPM8 by combining affine transformation and non-linear deformations and resampled to  $3 \times 3 \times 3 \text{ mm}^3$ .

# ALFF

The normalized fMRI data were first spatially smoothed with an 8 mm full width at half maximum (FWHM) Gaussian kernel (Liu et al. 2012b). After linear-trend removal and band-pass filtering (0.01–0.08 Hz), we regressed six head motion parameters, white matter signal, cerebrospinal fluid signal and their first derivatives. The time series were then transformed into frequency domain using fast Fourier transformation and the power spectrum was estimated. Because the power of a given frequency is proportional to the square of the amplitude of the frequency component, the average square root of the power spectrum is taken as the ALFF (Zang et al. 2007; Zuo et al. 2010). For standardization purpose, the ALFF of each voxel was divided by the global mean ALFF value. The mean ALFF map of each group is presented in Fig. 2.

#### Functional Connectivity at the Temporal Scale

To construct large-scale brain functional connectivity at the temporal scale, the registered fMRI data were first divided into 116 anatomical regions of interest (ROIs) according to the automated anatomical labeling (AAL) atlas (Tzourio-Mazoyer et al. 2002). The regions in the AAL atlas were listed in Table 1. No spatial smoothing was applied in the preprocessing procedure in order to avoid introducing

artificial local spatial correlations (Liu et al. 2013a). The mean time series of each ROI was obtained by averaging the time series of all voxels within that ROI. The time series were further linearly detrended and temporally band-pass filtered. The nuisance signals involving six head motion parameters, white matter signal, cerebrospinal fluid signal and their first derivatives were then regressed out from the data. It is still an ongoing controversy of removing the global signal in the calculation of resting-state functional connectivity (Fox et al. 2009; Murphy et al. 2009; Saad et al. 2012). Therefore, we did not regress out the global signal in this study. The residuals of these regressions were used for the following functional connectivity analysis. Finally, for each subject, a temporal correlation matrix was obtained by calculating the Pearson's correlation coefficients between the residual time series of each pair of regions as

$$r_{ab} = \frac{\sum_{t=1}^{T} [y_a(t) - \bar{y}_a] \cdot [y_b(t) - \bar{y}_b]}{\sqrt{\sum_{t=1}^{T} [y_a(t) - \bar{y}_a]^2} \sqrt{\sum_{t=1}^{T} [y_b(t) - \bar{y}_b]^2}}$$
(1)

where  $y_a(t)$  and  $y_b(t)$  (t = 1, 2, ..., T; T = 170) were the residual time series of region *a* and *b* with means of  $\bar{y}_a$  and  $\bar{y}_b$ , respectively. A Fisher's Z-transformation (Cohen et al. 2013) was applied on the elements of the correlation matrix to improve the normality as

$$z = \frac{1}{2} \left[ \ln(1+r) - \ln(1-r) \right]$$
(2)

where r is the Pearson correlation coefficient and z is approximately a normal distribution. The mean temporal correlation matrix of each group is provided in Fig. 3.

Functional Connectivity at the Spatial Scale

The spatial functional connectivity between any two brain regions was computed as (He et al. 2009)

**Table 1** The names andabbreviations of the AALtemplate

Index	Regions	Abbr.	Index	Regions	Abbr.
(1,2)	Precentral gyrus	PreCG	(63,64)	Supramarginal gyrus	SMG
(3,4)	Superior frontal gyrus	SFG	(65,66)	Angular gyrus	ANG
(5,6)	Superior frontal gyrus, orbital part	SFGorb	(67,68)	Precuneus	PCUN
(7,8)	Middle frontal gyrus	MFG	(69,70)	Paracentral lobule	PCL
(9,10)	Middle frontal gyrus, orbital part	MFGorb	(71,72)	Caudate nucleus	CAU
(11,12)	Inferior frontal gyrus, opercular part	IFGoper	(73,74)	Lenticular nucleus, putamen	PUT
(13,14)	Inferior frontal gyrus, triangular part	IFGtri	(75,76)	Lenticular nucleus, pallidum	PAL
(15,16)	Inferior frontal gyrus, orbital part	IFGorb	(77,78)	Thalamus	THA
(17,18)	Rolandic operculum	ROL	(79,80)	Heschl gyrus	HES
(19,20)	Supplementary motor area	SMA	(81,82)	Superior temporal gyrus	STG
(21,22)	Olfactory cortex	OLF	(83,84)	Temporal pole: superior temporal gyrus	TPOsup
(23,24)	Superior frontal gyrus, medial	SFGmed	(85,86)	Middle temporal gyrus	MTG
(25,26)	Superior frontal gyrus, medial orbital	SFGmorb	(87,88)	Temporal pole: middle temporal gyrus	TPOmid
(27,28)	Gyrus rectus	REC	(89,90)	Inferior temporal gyrus	ITG
(29,30)	Insula	INS	(91,92)	Cerebelum_Crus1	CERcr1
(31,32)	Anterior cingulate gyrus	ACG	(93,94)	Cerebelum_Crus2	CERcr2
(33,34)	Median cingulate gyrus	MCG	(95,96)	Cerebelum_3	CER3
(35,36)	Posterior cingulate gyrus	PCG	(97,98)	Cerebelum_4&5	CER4&5
(37,38)	Hippocampus	HIP	(99,100)	Cerebelum_6	CER6
(39,40)	Parahippocampal gyrus	PHG	(101,102)	Cerebelum_7	CER7
(41,42)	Amygdala	AMYG	(103,104)	Cerebelum_8	CER8
(43,44)	Calcarine fissure	CAL	(105,106)	Cerebelum_9	CER9
(45,46)	Cuneus	CUN	(107,108)	Cerebelum_10	CER10
(47,48)	Lingual gyrus	LING	109	Vermis_1&2	VER1&2
(49,50)	Superior occipital gyrus	SOG	110	Vermis_3	VER3
(51,52)	Middle occipital gyrus	MOG	111	Vermis_4&5	VER4&5
(53,54)	Inferior occipital gyrus	IOG	112	Vermis_6	VER6
(55,56)	Fusiform gyrus	FFG	113	Vermis_7	VER7
(57,58)	Postcentral gyrus	PoCG	114	Vermis_8	VER8
(59,60)	Superior parietal gyrus	SPG	115	Vermis_9	VER9
(61,62)	Inferior parietal lobule	IPL	116	Vermis_10	VER10

Odd and even numbers (1–108) represent brain regions of left and right hemispheres, respectively

AAL automated anatomical labeling

$$R_{ab} = \frac{\sum_{m=1, m \neq a, m \neq b}^{M} [z_a(m) - \bar{z}_a] \cdot [z_b(m) - \bar{z}_b]}{\sqrt{\sum_{m=1, m \neq a, m \neq b}^{M} [z_a(m) - \bar{z}_a]^2} \sqrt{\sum_{m=1, m \neq a, m \neq b}^{M} [z_b(m) - \bar{z}_b]^2}}$$
(3)

where  $z_a(m)$  and  $z_b(m)$   $(m = 1, 2, ..., M; m \neq a, m \neq b, M = 116)$  were the *a*th and *b*th columns of the temporal correlation matrix obtained above (after Fisher's Z-transformation) with means of  $\bar{z}_a$  and  $\bar{z}_b$ , respectively. The spatial connectivity between two brain regions denotes the

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degree of similarity in the temporal connectivity patterns of the two regions. The Fisher's Z-transformation was also performed on the elements of the spatial connectivity matrix to improve the normality. The mean spatial correlation matrix of each group is shown in Fig. 4.

# Feature Extraction

The ALFF map for each subject was parcellated into 116 ROIs based on the AAL atlas. The mean ALFF values of



# Functional connectivity at the temporal scale

Fig. 3 Mean temporal functional connectivity matrix for patient group (*left*) and control group (*right*). The *color bar* represents the *z* value of temporal functional connectivity. *PTSD* post-traumatic stress disorder, *HC* healthy control (Color figure online)



## Functional connectivity at the spatial scale

Fig. 4 Mean spatial functional connectivity matrix for patient group (*left*) and control group (*right*). The *color bar* represents the *z* value of spatial functional connectivity. *PTSD* post-traumatic stress disorder, *HC* healthy control (Color figure online)

all the ROIs were computed and considered as *univariate* features. In addition, we had a temporal/spatial functional connectivity map for each subject. Each map was represented by a  $116 \times 116$  symmetric matrix. Removing 116 diagonal elements in each matrix, the upper triangle elements of the symmetric matrix were extracted and viewed as *bivariate/multivariate* features.

## Feature Selection

The dimensionality of original features is much higher than the number of samples, which may lead to the "curse of dimensionality" problem and high computational complexity. Feature selection is a useful and important method to remove irrelevant or redundant features for dimensionality reduction and improving the performance of the classifier (Guyon and

Elisseeff 2003). We used a hybrid feature selection method. which combines filter- and wrapper-based approaches, to select the most relevant features for PTSD classification. Specifically, in the filter-based approach, only features with a p value smaller than the predefined threshold (p < 0.05, uncorrected), measured by a two-sample t test, were retained for subsequent feature selection. Despite the reduction in dimensionality of feature space, the filter-based approach was performed independently for each feature, ignoring the relationship (redundant or complementary) with other features. This may cause some redundant features to be selected and influence the classification performance. To avoid this problem, we employed a wrapper-based method named SVMrecursive feature elimination [SVM-RFE (Guyon et al. 2002)] for further feature selection, which jointly considers the discriminative power among features. The aim of SVM-RFE is to find a subset of features to reduce the classification error. This hybrid feature selection method was performed separately on each feature level. For each feature level, we finally have an individual optimal feature subset. Of note, all the procedures of feature selection were constrained to the training set, without using the information of the test set, in order to avoid the introduction of bias.

## Multi-kernel SVM

In order to effectively integrate multi-level feature vectors, multi-kernel SVM was used in this study (Liu et al. 2014). In brief, after the feature selection procedure mentioned above, we constructed a kernel matrix for each feature level, and then combined them using a weighted linear combination as follows:

$$K\left[\left(\mathbf{x}_{n}^{1}, \mathbf{x}_{n}^{2}, \mathbf{x}_{n}^{3}\right), \left(\mathbf{x}^{1}, \mathbf{x}^{2}, \mathbf{x}^{3}\right)\right] = \sum_{f=1}^{3} \beta^{f} k^{f} \left(\mathbf{x}_{n}^{f}, \mathbf{x}^{f}\right)$$
(4)

where  $(\mathbf{x}_n^1, \mathbf{x}_n^2, \mathbf{x}_n^3)$  is the feature vectors of the *n*th sample with three levels of features  $\mathbf{x}_n^1, \mathbf{x}_n^2$  and  $\mathbf{x}_n^3$ , and  $(\mathbf{x}^1, \mathbf{x}^2, \mathbf{x}^3)$  is the feature vectors of a testing sample.  $\beta^f \ge 0$  is the weighting factor of *f* feature type with the constraint of  $\sum_{f=1}^3 \beta^f = 1$ .

 $k^{f}(\mathbf{x}_{n}^{f}, \mathbf{x}^{f}) = \phi^{f}(\mathbf{x}_{n}^{f})^{T} \phi^{f}(\mathbf{x}^{f})$  is the kernel function for samples  $\mathbf{x}_{n}^{f}$  and  $\mathbf{x}^{f}$ , and  $\phi^{f}$  is a kernel-induced mapping function of the *f* feature type. After constructing the integrated kernel matrix, it is then straightforward to apply a linear SVM as follows:

$$l(\mathbf{x}^1, \mathbf{x}^2, \mathbf{x}^3) = \operatorname{sign}\left\{\sum_{n=1}^N c_n \alpha_n K\left[\left(\mathbf{x}_n^1, \mathbf{x}_n^2, \mathbf{x}_n^3\right), \left(\mathbf{x}^1, \mathbf{x}^2, \mathbf{x}^3\right)\right] + b\right\}$$
(5)

where  $c_n \in \{1, -1\}$  is the class label of the *n*th training sample, *N* is the total number of training samples,  $\alpha_n$  is a Lagrangian multiplier, and *b* is a bias.

#### Cross-Validation

Support vector machine classifier with linear kernel was implemented via the LIBSVM toolbox (Chang and Lin 2011), with a default value for the parameter C (i.e., C = 1). A nested leave-pair-out cross-validation strategy was employed to evaluate the performance of the classifier, which could obtain a relatively unbiased estimation of the true generalization performance (Ecker et al. 2010; Mourao-Miranda et al. 2012). In each trial, we first excluded a demographically relatively matched pair of subjects (i.e., one to one matching, one subject from each group) to comprise the test set, then performed a second split where we repeatedly repartitioned the remaining 19 subject pairs into a validation set (1 pair) and training set (18 pairs). This procedure is repeated until all subject pairs have been left out for test. The optimal SVM model and optimal feature subset were obtained in the inner cross-validation before applying it to the test set. Accuracy, sensitivity. specificity and area under receiver operating characteristic curve (AUC) were adopted to evaluate the performance of the classifier based on the results of nested cross-validation.

$$Accuracy = \frac{TP + TN}{TP + FN + TN + FP}$$
(6)

Sensitivity = 
$$\frac{\text{TP}}{\text{TP} + \text{FN}}$$
 (7)

Specificity = 
$$\frac{TN}{TN + FP}$$
 (8)

where TP, TN, FP and FN denote true positive, true negative, false positive and false negative, respectively. In addition, other statistical measures were further used to evaluate the diagnostic power of the proposed method. The Youden's index (YOI), positive predictive value (PPV) and negative predictive value (NPV) were defined as (Altman and Bland 1994; Sokolova et al. 2006)

$$PPV = \frac{TP}{TP + FP}$$
(9)

$$NPV = \frac{TN}{TN + FN}$$
(10)

$$YOI = \frac{TP}{TP + FN} + \frac{TN}{TN + FP} - 1$$
(11)

The PPV, also termed precision rate, is the proportion of positive test results which are true positives. The NPV reflects the proportion of subjects with a negative test result who are correctly diagnosed. The YOI evaluates the ability of a classifier to avoid failure by equally weighting its performance on positive and negative samples.

#### Permutation Testing

Permutation testing was performed to derive a p value to determine whether classification accuracy exceeded chance

Table 2 Demographics and clinical characteristics of patients with PTSD and HC  $\,$ 

Variables (mean $\pm$ SD)	PTSD	HC	p value
Gender (M/F)	20 (13/7)	20 (14/6)	0.74 <sup>a</sup>
Handedness (right/left)	20/0	20/0	_
Age (years)	$32.92\pm8.48$	$31.53\pm7.43$	0.45 <sup>b</sup>
Education (years)	$11.20\pm3.80$	$13.00\pm2.20$	0.37 <sup>b</sup>
IQ	$98.20\pm5.50$	$103.20\pm6.30$	0.24 <sup>b</sup>
CAPS total score	$52.33\pm9.44$	$8.26 \pm 9.31$	<0.01 <sup>b</sup>

SD standard deviation, PTSD post-traumatic stress disorder, HC healthy controls, IQ intelligence quotient, CAPS clinician-administered PTSD scale (range 0–136)

<sup>a</sup> The p value was obtained by Chi square test

<sup>b</sup> The p values were obtained by two-sample t tests

levels (50 %). To this end, the class labels were permuted 1,000 times (randomly assigning patient and control labels to the training subjects) and repeated for the entire cross-validation procedure. The p value was calculated as the proportion of accuracies that are equal to or greater than the one obtained by the real labels. If less than 5 % (p < 0.05) of the accuracies from all permutations was equal to or exceeded the non-permutated value, the result was deemed significant.

## Results

Demographics and Clinical Characteristics of the Participants

Two-sample *t* tests were performed to assess the differences in age, years of education, intelligence quotient (IQ) score and clinical score, while Chi square test was performed to assess the difference in gender. The two groups were matched for gender (13 males for PTSD group and 14 males for control group; p = 0.74), age (32.92 ± 8.48 years for PTSD group; 31.53 ± 7.43 years for control group; p = 0.45), years of education (11.20 ± 3.80 years for PTSD group; 13.00 ± 2.20 years for control group; p = 0.37) and IQ value (98.20 ± 5.50 for PTSD group; 103.20 ± 6.30 for control group; p = 0.24). Compared with healthy controls, patients with PTSD have significantly higher CAPS total score. The detailed demographic and clinical data are shown in Table 2.

# **Experiment Settings**

In our experiments, the proposed framework was compared with six other classification approaches which used different levels of features: (1) univariate feature; (2) bivariate feature; (3) multivariate feature; (4) combination of univariate and bivariate features; (5) combination of univariate and multivariate features; (6) combination of bivariate and multivariate features. Of note, we adopted the traditional single-kernel SVM classifier for classification using single level of features and multi-kernel SVM classifier for classification using two levels of features. It was also worth noting that the same training and test data were used in all methods for fair comparison.

## Comparison of Classification Performance

As seen in Table 3, our proposed method obtained better performance than any of other six methods in all performance measures. Specifically, our method achieved a classification accuracy of 92.5 % (p < 0.001), a sensitivity of 90 %, a specificity of 95 %, a PPV of 94.7 %, an NPV of 90.5 %, a YOI of 0.85 and an AUC of 0.91. In contrast, for the single-level feature method, the best accuracy was only 75 % (p < 0.003) and for the two-level feature method, the best accuracy was 87.5 % (p < 0.001). The improvement in classification performance indicated the superiority of the proposed framework in better characterizing the brain functional anomalies in PTSD patients. We also evaluated the classification performance by direct feature concatenation. Specifically, 116 univariate features from ALFF, 6,670 bivariate features from temporal functional connectivity and 6,670 multivariate features from spatial functional connectivity were concatenated into a long feature vector. Subsequently, the same feature selection and cross-validation procedure were performed, and traditional single-kernel SVM classifier was used to evaluate the classification performance. As shown in Table 3, the classification accuracy was 77.5 % and the AUC value was 0.83, which was worse than our framework. In the current study, we used a leave-pair-out cross-validation approach to evaluate the performance of the classifier, and the same training and test data were used in all methods for fair comparison. Thus, it would be interesting to see whether the same subjects were correctly classified across different feature levels. As shown in Table 4, the misclassified subjects were not the same across the univariate, bivariate and multivariate features, suggesting that the complementary information existed among these features.

## The Most Discriminative Features

The most discriminative features that were selected using the proposed framework for PTSD classification were investigated. Since the feature selection in each fold was performed based on the training set, the selected features differ across different cross-validation folds. Thus, we defined the most discriminative features as features which were most frequently selected in all cross-validations. The

Table 3 Classification performance using different levels of features

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Feature types	p value	ACC (%)	SEN (%)	SPE (%)	PPV (%)	NPV (%)	YOI	AUC
Univariate	< 0.010	70.0	65.0	75.0	72.2	68.2	0.40	0.64
Bivariate	< 0.004	72.5	70.0	75.0	73.7	71.4	0.45	0.77
Multivariate	< 0.003	75.0	75.0	75.0	75.0	75.0	0.50	0.77
Univariate + bivariate	< 0.001	82.5	80.0	85.0	84.2	81.0	0.65	0.83
Univariate + multivariate	< 0.001	80.0	85.0	75.0	77.3	83.3	0.60	0.84
Bivariate + multivariate	< 0.001	87.5	80.0	95.0	94.1	82.6	0.75	0.86
Concatenate	< 0.001	77.5	80.0	75.0	76.2	79.0	0.55	0.83
Proposed	< 0.001	92.5	90.0	95.0	94.7	90.5	0.85	0.91

Univariate feature = ALFF; bivariate feature = functional connectivity at the temporal scale; multivariate feature = functional connectivity at the spatial scale. The plus sign indicates the combination of two given types of features. "Concatenate" means all three feature levels were concatenated into a long feature vector. The p values were obtained by permutation tests

ACC accuracy, SEN sensitivity, SPE specificity, PPV positive predictive value, NPV negative predictive value, YOI Youden's index, AUC area under receiver operating characteristic curve, ALFF amplitude of low-frequency fluctuations

Table 4 Classification performance of each method per fold

Fold	U	В	М	U + B	U + M	B + M	С	Р
1	100	100	100	100	100	100	100	100
2	50	100	100	100	100	100	100	100
3	100	0	100	50	100	100	100	100
4	100	100	100	100	100	100	100	100
5	50	100	50	100	50	100	50	100
6	50	100	100	100	100	100	100	100
7	50	50	100	50	100	100	50	100
8	0	50	50	50	50	50	50	50
9	50	50	0	100	50	50	50	100
10	50	100	100	100	100	100	100	100
11	50	100	50	100	50	100	50	100
12	100	0	0	50	50	0	0	50
13	100	50	100	50	100	100	100	100
14	50	100	100	100	100	100	100	100
15	100	100	100	100	100	100	100	100
16	100	100	100	100	100	100	100	100
17	100	100	100	100	100	100	100	100
18	50	50	50	50	50	100	50	100
19	50	0	50	50	50	50	50	50
20	100	100	50	100	50	100	100	100

Univariate feature = ALFF; bivariate feature = functional connectivity at the temporal scale; multivariate feature = functional connectivity at the spatial scale. The plus sign indicates the combination of two given types of features. Of note, we used leave-pair-out crossvalidation and the same training and test data were used in all methods for fair comparison. Thus, there are two subjects in the test set per fold. The number 0, 50, 100 (%) is the accuracy obtained by the corresponding method

U univariate, B bivariate, M multivariate, U + B univariate + bivariate, U + M univariate + multivariate, B + M bivariate + multivariate, C concatenate, P proposed

top fifteen selected univariate, bivariate and multivariate features are provided in Figs. 5, 6, 7. It is observed that the selected univariate features are from both brain

hemispheres and all four lobes, indicating the widespread regional abnormalities over whole brain in PTSD patients. Based on the selected univariate features, the regions that contribute for accurate PTSD classification mainly included the bilateral median cingulate gyrus, bilateral orbitofrontal cortex, bilateral temporal pole, right amygdala, right inferior parietal lobule, right supplementary motor area, left postcentral gyrus, left calcarine fissure and right cerebellum. It can also be observed that the discriminative bivariate and multivariate features that contribute for classification are not only restricted within the same lobe or hemisphere but also across different lobes and hemispheres. This indicated that the connections between different areas of the brain, either adjacent or distant, might provide some meaningful information for describing the neurobiological underpinnings of PTSD symptoms. Based on the selected bivariate and multivariate features, most of the connections were associated with the prefrontal cortex.

# Discussion

This study demonstrated for the first time that patients with PTSD can be discriminated from healthy controls using multi-level features extracted from resting-state fMRI data. The classification performance was evaluated via a nested leave-pair-out cross-validation strategy to ensure the generalization of the classifier. In agreement with our first hypothesis, each level of features can successfully discriminate PTSD patients from healthy controls. The best classification accuracy achieved by single-level method was 75 %. In contrast, the obtained results showed that our proposed framework can improve the classification performance by using a multi-kernel learning approach to fuse multi-level features. Specifically, our method achieved a high classification accuracy of 92.5 % (p < 0.001) for



**Fig. 5** The most discriminative univariate features (regional ALFF). To better represent the relative contribution of brain regions for classification, the regions were projected onto the cortical surface (*top*) and shown in 2D slice images (*down*). The *color* represents the feature weight (normalized selection frequency, i.e., the ratio of the actual number of selection times divided by the maximum possible

PTSD classification and the AUC value was 0.91, indicating good discriminatory ability. These results suggested that single-level features could only afford limited information for classifying PTSD from controls, as indicated by the much smaller accuracy. However, information from different levels of features complements each other and potentially improves prediction accuracy. It's worth noting that combining biomarkers from different feature types with different data fusion methods to identify disease is still an open area of research. Our study demonstrated that multi-level features with multi-kernel learning can be used to discriminate PTSD patients with a relatively high accuracy.

In recent years, machine learning methods have been used extensively to identify brain disease and have

number of selection times (always selected to form the final feature set in each cross-validation iteration)) for each ROI. The surface maps were visualized using BrainNet Viewer (Xia et al. 2013) and 2D slice map was made by using MRIcron (http://www.mccauslandcenter.sc. edu/mricro/mricron/). *L* left, *R* right (Color figure online)

obtained promising results (Liu et al. 2013c; Suk et al. 2013; Wee et al. 2014; Westman et al. 2013). Relative to the conventional methods based on group comparison, these kinds of methods allow inferences at the individual level rather than the group, and therefore yielding results with a potentially high level of clinical translation. Most importantly, machine learning approaches have the advantage of taking into account the relationship among features. Therefore, they are sensitive to spatially distributed and subtle differences in the brain, which may otherwise be undetectable using traditional univariate methods that focus on gross differences at group level. As shown in Figs. 2, 3, 4, visual examination suggests that the distributions of three levels of features are remarkably similar between groups in spite of some differences in

Fig. 6 Connectogram of the most discriminative bivariate features (temporal functional connectivity). Of note, the left part of the figure represents the left hemisphere and the right part of the figure represents the right hemisphere of the brain. Thickness of each line reflects its selection frequency, i.e., a thicker line indicates a higher selection frequency. FRO frontal lobe, PAR parietal lobe, OCC occipital lobe, TEM temporal lobe, SUB subcortical regions, CER cerebellum hemisphere, VER vermis. The other abbreviations can be found in Table 1



strength. For example, those regions with higher ALFF of two groups are primarily located in the bilateral medial prefrontal regions as well as lateral parietal regions and occipital regions. Classification results showed that regional ALFF could be used to successfully classify PTSD patients with an accuracy of 70 % (p < 0.01). This indicates that machine learning method has good potential to find subtle differences between two groups.

The most discriminative univariate features that were selected using the proposed approach for identifying the PTSD patients are reported. Regions, which are associated with the selected univariate features, are widespread and not restricted to particular brain hemispheres or lobes. These regions have been investigated before and are thought to be associated with PTSD, including the cingulate gyrus (Lanius et al. 2002; Tuescher et al. 2011), orbitofrontal cortex (Croy et al. 2010; Yan et al. 2013), temporal pole (Jatzko et al. 2006), amygdala (El Khoury-Malhame et al. 2011; Shin et al. 2006; Zantvoord et al. 2013), postcentral gyrus (Lindemer et al. 2013), inferior parietal lobule (Morey et al. 2008; Yin et al. 2012), cerebellum (Bing et al. 2013), pallidum (Long et al. 2013), calcarine fissure (Molina et al. 2010), occipital cortex (Chao et al. 2012) and supplementary motor area (Shaw et al. 2009). The fact that our experimental results are consistent with these previous studies demonstrates the efficacy of the proposed framework in identifying biomarkers for PTSD classification. It is interesting to observe that several regions in the limbic system have been selected as discriminative features. The limbic system is a group of interconnected cortical and subcortical regions which is primarily responsible for regulating human emotions as well as the formation of memories (Mega et al. 1997). In addition, this system has widespread connections to extensive cortical areas known as the neuroanatomical circuits of mood regulation, including the orbitofrontal cortex, cingulate gyrus, amygdala and so on (Catani et al. 2013). Recent studies have found that dysfunctions of the limbic regions are associated with emotion dysregulation in PTSD patients (Etkin and Wager 2007; Lanius et al. 2010). Therefore, these findings suggest that functional alterations in the limbic system are closely associated with the pathophysiology of PTSD.

Although a considerable body of evidence has accumulated over recent years on the regional dysfunction in PTSD, limited studies have investigated the changes in

Fig. 7 Connectogram of the most discriminative multivariate features (spatial functional connectivity). Of note, the left part of the figure represents the left hemisphere and the right part of the figure represents the right hemisphere of the brain. Thickness of each line reflects its selection frequency, i.e., a thicker line indicates a higher selection frequency. FRO frontal lobe, PAR parietal lobe, OCC occipital lobe, TEM temporal lobe, SUB subcortical regions, CER cerebellum hemisphere, VER vermis. The other abbreviations can be found in Table 1



functional interaction between brain regions in PTSD patients during the resting state, which may provide complementary yet crucial information for better understanding of the pathophysiology of PTSD. In this study, we used both temporal and spatial functional connectivity as classification features and thus examined the alterations of functional connectivity in a comprehensive way. As shown in Figs. 6, 7, the most discriminative temporal and spatial connections have similar patterns. The selected bivariate and multivariate features mainly involve the prefrontal cortex, which is in line with a recently published study (Jin et al. 2014). The prefrontal cortex is known to be a key structure in the processes of body regulation, fear modulation and working memory (Braun 2011). Abnormal prefrontal cortex connectivity may lead to behavioral and cognitive control changes existed in PTSD.

In this study, we used both temporal functional connectivity and spatial functional connectivity as classification features. Since the calculation of the spatial connectivity pattern is based on the temporal connectivity pattern, there seems to be largely overlapped information among these two kinds of features. However, a number of recent studies have demonstrated that spatial correlation

pattern is also an indispensable tool to investigate human brain. Two examples were given here for illustrating the importance of the functional connectivity at the spatial scale. First, the two core regions, ventromedial prefrontal cortex (VMPFC) and posterior cingulate cortex (PCC), of default mode network are highly functionally correlated in the sense of temporal functional connectivity (Fox et al. 2005). However, the spatial functional connectivity between VMPFC and PCC may not be so strong. Although the positively correlated networks for these two regions are largely overlapped, the negatively correlated networks for each showed striking differences (Uddin et al. 2009). Second, Margulies and colleagues have found that different subdivisions of precuneus have distinct patterns of functional connectivity at the temporal scale (Margulies et al. 2009). Specifically, the anterior part of the precuneus exhibits functional connectivity with paracentral lobule, motor cortex and superior parietal cortex; the central part shows functional connectivity to dorsomedial prefrontal, dorsolateral prefrontal and multimodal lateral inferior parietal cortex; the posterior part functionally connects with adjacent visual cortical regions. Thus, both temporal and spatial functional connectivity should be used to

comprehensively investigate the functional connectivity of the brain.

In addition to classification features, the method that combines the different types of features is also an important aspect for classification problem. In traditional classification methods, different types of features are usually concatenated into a longer feature vector. However, these methods may not be sufficiently effective for combining different types of features. In the current study, a multikernel learning approach was utilized to integrate different types of features. Hinrichs et al. (2009) have demonstrated that multi-kernel learning can effectively integrate different types of features. The main advantage of multi-kernel learning is that it offers more flexibility by using different weights on different types of features. This approach may provide us with a convenient way to combine different types of features for classification.

Several limitations should be noted. First, this study was limited by a relatively small sample size, which may limit the translational value of our results. Although cross-validation strategy was used to evaluate the performance of classification method, independent and multi-center imaging datasets should be used to confirm our results in the future. Second, we used resting-state fMRI data to extract classification features. Although resting-state fMRI is a promising technique for measuring spontaneous brain activity, it lacks direct observation of anatomical connections. Future studies may benefit from the combination of resting-state fMRI and diffusion MRI data. Third, previous studies have demonstrated that head motions a substantial impact on functional connectivity and other resting-state measures (Power et al. 2012; Satterthwaite et al. 2012; Van Dijk et al. 2012; Zeng et al. 2014). Although we controlled for head motion, we could not fully remove this effect. Future studies require systematic methodological work on this issue. Fourth, the whole brain was parcellated into 116 regions based on the AAL atlas. Recent studies have found that different parcellation schemes generated different results (Hayasaka and Laurienti 2010; Wang et al. 2009; Zalesky et al. 2010). Thus, it would be useful to determine which brain parcellation strategy is more appropriate to discriminate patients with PTSD in the future. Fifth, as our study only included patients who experienced motor vehicle accidents, we urge caution when generalizing these results to other traumatic events. Finally, we did not assess the depression and anxiety severity of the enrolled patients with the Hamilton Depression Scale (HAMD) and Hamilton Anxiety Scale (HAMA). However, we assessed the severity of these two symptoms with Symptom Checklist 90 (SCL-90) scale (Derogatis et al. 1976). The results indicated that the patients had only mild depression and anxiety symptoms. Moreover, depression and anxiety might be the inherent symptoms which could not be excluded from the analyses. Therefore, we did not use the severity of these two symptoms as covariates in the analyses.

## Conclusion

In summary, the current study proposed a novel classification framework to separate patients with PTSD from demographically matched healthy controls using multi-level features derived from resting-state fMRI scans. Compared with the single- and two-level methods, improvement in classification performance was obtained by integrating the threelevel features via multi-kernel learning. Moreover, the discriminative selected univariate features for accurate classification were generally consistent with previous studies, particularly components in the limbic structure, indicating the ability of our framework in determining PTSD diseaseassociated biomarkers. Furthermore, the selected bivariate and multivariate features showed similar patterns of association with the prefrontal cortex, indicating behavioral and cognitive control changes in PTSD. These promising classification results provide evidence of the effectiveness of this framework for potentially improving the clinical diagnosis of PTSD. Future studies may benefit from the integration of diffusion MRI or other imaging modalities as well as genetic and clinical information.

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**Conflict of interest** All authors declare that they have no conflicts of interest.

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